

2010 MIAC Football Awards

11/23/2010



ST. PAUL, Minn. -- The Minnesota Intercollegiate Athletic Conference (MIAC) announced the 2010 MIAC Football Awards today, Nov. 23, 2010. The nominating and voting process for the awards was conducted by the league's nine head coaches following the conclusion of the regular season.

Bethel senior running back **Logan Flannery** (Lakeville, Minn./South) received the 2010 Jim Christopherson MIAC MVP award. Flannery topped the 1,000-yard mark for the fourth-straight season, and was named to the All-MIAC First Team Offense for the fourth time. Through 11 games - including Bethel's first-round playoff win Saturday - the Royals' star leads the MIAC with 1,516 rushing yards, 17 touchdowns and an average of 6.5 yards per carry.

In eight conference games, Flannery also topped the rushing leader board with 1,105 yards, 10 touchdowns and 6.2 yards per carry while leading Bethel to a 9-1 overall record and an 8-1 mark in conference play. The Royals, now 10-1, have climbed as high as No. 14 in the Division III rankings, and knocked off previously unbeaten Wartburg to advance to the second round of the NCAA Division III Playoffs. Saturday the Royals will travel to Illinois to face Wheaton College (10-1) at noon.

Saint John's University senior defensive lineman **Kyle Schroeder** (Richmond, Minn./Rocori) was named the recipient of the Mike Stam Award as the league's top interior lineman. Schroeder led the MIAC in 2010 with eight sacks and 12.5 tackles-for-a-loss (10 solo) in conference games.

Overall, the senior lineman's eight sacks and 15.0 tackles-for-a-loss led the conference. Schroeder also finished with 54 tackles (33 solo), two quarterback hurries, one pass breakup and a forced fumble. Schroeder led the Johnnies to a third-place finish in the MIAC with a 7-3 overall record and a 6-2 conference mark. All three of SJU's losses came by a total of seven points.

University of St. Thomas head coach **Glenn Caruso** (third season) was awarded the 2010 MIAC Coach-of-the-Year Award. Caruso's Tommies won their first outright MIAC title since 1983 with a perfect 8-0 record and an unblemished 10-0 overall regular season mark. In just his third season, Caruso has transformed St. Thomas from a two-win team (the season before his arrival) into an unbeaten squad ranked in the top five. The Tommies won their first-round playoff game Saturday against Benedictine (Ill.) 57-10 to improve to 11-0, and will host Linfield (9-1) Saturday in St. Paul at noon. In two-plus seasons, Caruso's record at UST is 29-5 (.852).

The 2010 MIAC Football All-Conference honors feature a First Team and a Second Team on both offense and defense, with 18 players selected to each squad. The MIAC Champion Tommies led the way with 15 total selections, including 11 First Team picks. Bethel was a close second with 14 players honored (eight First Team) and Saint John's (12) and St. Olaf (10) also had 10 or more players receive All-MIAC honors.

As part of a conference-wide sportsmanship initiative, the MIAC announced the fifth annual All-MIAC Sportsmanship team for football. Members of the All-MIAC Sportsmanship team are selected by their coaches and teammates as individuals who demonstrate ideals of positive sportsmanship both on and off the field of competition.

2010 MIAC Football Awards

Jim Christopherson MIAC MVP - Logan Flannery, Running Back, Bethel (Sr., Lakeville, Minn./South)

Mike Stam Award - Kyle Schroeder, Defensive Line, Saint John's (Sr., Richmond, Minn./Rocori)

MIAC Football Coach-of-the-Year - Glenn Caruso, St. Thomas (third season)

2010 MIAC First Team All-Conference - Offense

Name	Team	Year	Position	Hometown/High School
Joe Boyle	Saint John's	Sr.	QB	Richfield, Minn./Holy Angels
Dakota Tracy	St. Thomas	Jr.	QB	Geneva, Minn./New Richmond-Hartland-Ellendale-Geneva
Logan Flannery	Bethel	Sr.	RB	Lakeville, Minn./South
Leon Clark	St. Olaf	Jr.	RB	Rochester, Minn./Century
Jon Lien	Carleton	Jr.	RB	Lindstrom, Minn./Chisago Lakes
Fritz Waldvogel	St. Thomas	Jr.	WR	Mendota Hts., Minn./St. Thomas Academy
Muneer Al-Hameed	Augsburg	Sr.	WR	Woodbury, Minn./Minneapolis Washburn

Antonio Jennings	St. Olaf	Sr.	WR	Atlanta, Ga./North
Josh Pronschinske	Augsburg	Sr.	TE	Fountain City, Wis./Cochrane-Fountain City
Josh Ostrue	St. Thomas	Sr.	OL	South St. Paul, Minn.
Mitch Elliott	Bethel	Jr.	OL	Brooklyn Park, Minn./Minnehaha Academy
Jeff Gilbertson	Saint John's	Sr.	OL	Wabasha, Minn./Winona Cotter
Chad Vandergriff	St. Thomas	Jr.	OL	Eagan, Minn.
Brad Eckelmann	Carleton	Sr.	OL	Portland, Ore./Lincoln
Drew Penz	St. Olaf	Sr.	OL	Rochester, Minn./Mayo
Tim Juba	Saint John's	Sr.	OL	Cottage Grove, Minn./Park
Fritz Waldvogel	St. Thomas	Jr.	Utility	Mendota Hts., Minn./St. Thomas Academy
John Broback	Hamline	So.	K	Apple Valley, Minn.

2010 MIAC First Team All-Conference - Defense

Name	Team	Year	Position	Hometown/High School
Kyle Schroeder	Saint John's	Sr.	DL	Richmond, Minn./Rocori
Cyrus Allen	St. Thomas	Sr.	DL	New Hope, Minn./Robbinsdale Cooper
Trent Pearson	Bethel	Sr.	DL	Shakopee, Minn.
Andrew Johnson	Bethel	Sr.	DL	Maple Grove, Minn.
Nick Ondler	St. Olaf	Sr.	DL	Dodge Center, Minn./Triton
Tony Danna	St. Thomas	Jr.	ILB	Lake Elmo, Minn./Hill-Murray
Billy Morgan	Bethel	Jr.	ILB	Rosemount, Minn.
Ross Petterson	Bethel	Sr.	ILB	Maple Grove, Minn./Osseo
Cory Svihla	Bethel	Sr.	OLB	Foley, Minn.
Willy Baregi	St. Thomas	Jr.	OLB	Richfield, Minn./Holy Angels
Zach Sturm	St. Thomas	Sr.	OLB	Springfield, Minn.
Brady Ervin	St. Thomas	Sr.	DB	Eden Prairie, Minn./Iowa State
Brendan Flaherty	Bethel	Sr.	DB	Shoreview, Minn./Mounds View
Ryan Deitz	St. Thomas	Jr.	DB	Andover, Minn.
Ian Goldsmith	Saint John's	So.	DB	Shoreview, Minn./Mounds View
Zach Debeltz	Concordia	Sr.	DB	Anoka, Minn.
Jason Obarski	St. Olaf	So.	P	Apple Valley, Minn.

2010 MIAC Second Team All-Conference - Offense

Name	Team	Year	Position	Hometown/High School
Marcus Brumm	Augsburg	Jr.	QB	Lakeville, Minn./South
Dan Dobson	St. Olaf	So.	QB	Mankato, Minn./West
Colin Tobin	St. Thomas	Jr.	RB	Itasca, Ill./Chicago Fenwick
Jakob Reding	Saint John's	Sr.	RB	Eden Prairie, Minn.
Ben Wartman	St. Thomas	Sr.	RB	Prior Lake, Minn.
Alex House	Hamline	Sr.	WR	Champlin, Minn./Champlin Park
Bronson Shepherd	Concordia	Jr.	WR	Brainerd, Minn.
Sam Pederson	Saint John's	Jr.	WR	La Crosse, Wis./Aquinas
Josh Overman	Saint John's	Sr.	TE	Albany, Minn.
Derall King	Hamline	Sr.	OL	Inver Grove Heights, Minn./Sibley
Jared Buysse	Concordia	Sr.	OL	Marshall, Minn.
Kyle Wahlund	Bethel	Sr.	OL	Shoreview, Minn./Mounds View
Kyle Boersma	Bethel	Jr.	OL	Hospers, Iowa/MOC-Floyd Valley
Lyle Opdahl	Gustavus	So.	OL	Young America, Minn./Central
Dan Chapman	St. Thomas	Jr.	OL	Urbandale, Iowa/Johnston
Josh Wolfe	Bethel	So.	OL	Emmitsburg, Iowa
Alex House	Hamline	Sr.	Utility	Champlin, Minn./Champlin Park
Jimmie Mattson	Saint John's	So.	K	Eau Claire, Wis./Memorial

2010 MIAC Second Team All-Conference - Defense

Name	Team	Year	Position	Hometown/High School
Reed Hefta	Concordia	So.	DL	Falkirk, N.D./Underwood
Eric Klaers	Hamline	So.	DL	Elk River, Minn.

Griffin Hayes	Saint John's	Sr.	DL	Mendota Hts., Minn./St. Thomas Academy
Matt Evans	St. Thomas	Sr.	DL	Avon, Minn./Albany
Brian Albrecht	St. Olaf	Jr.	DL	Hutchinson, Minn.
Tommy Becker	St. Thomas	Sr.	ILB	Wayzata, Minn./Minnesota
Mark Skoglund	Carleton	Jr.	ILB	Murdock, Minn.
Matt Olson	St. Olaf	Jr.	ILB	Apple Valley, Minn.
John Stanton	Saint John's	Sr.	OLB	San Rafael, Calif./Marin Catholic
Brett Skoog	Bethel	So.	OLB	Long Lake, Minn./Orono
Guy Rudolph	Concordia	Sr.	OLB	Trimont, Minn./Martin County West
Brad Kruckeberg	Gustavus	Jr.	DB	Ellenndale, Minn./New Richmond-Hartland-Ellendale-Geneva
David Vavra	Bethel	Jr.	DB	Cambridge, Minn./Braham
Mike Bonyngne	Saint John's	So.	DB	Spicer, Minn./New London-Spicer
Ben Dobson	St. Olaf	So.	DB	Mankato, Minn./West
Ethan Anderson	Bethel	Jr.	DB	Mapleton, Minn./Maple River
John Broback	Hamline	So.	P	Apple Valley, Minn.

2010 All-MIAC Sportsmanship Team

Augsburg - Adam Mead (Sr., St. Francis, Minn.)

Bethel - Peter Langson (Sr., Johnston, Iowa)

Carleton - Neil Kolstad (Sr., St. James, Minn.)

Concordia - Kent Johnson (Sr., Litchfield, Minn.)

Gustavus - Cody Sukalski (Sr., Blue Earth, Minn.)

Hamline - Anthony Iten (Sr., Fridley, Minn./Totino Grace)

Saint John's - Billy Lawrence (Sr., Edina, Minn./St. Thomas Academy)

St. Olaf - Drew Penz (Sr., Rochester, Minn./Mayo)

St. Thomas - Bryan Villar (Sr., Oakdale, Minn./Tartan)